

April 2024



Workshop Calendar

<https://www.scworksmidlands.org/workshops>

Or

**Register for Informational Session By Scanning QR Code**



**Join a Workshop**

Step 1: Scan QR Code below  
 Step 2: Call: 1-404-410-4502, wait for beeps to end, enter access code 170 037 9058, Meeting Password: fW2p3kJ2T3P or click join via installed app **OR** Click the link below or copy into your browser:



Mon	Tue	Wed	Thu	Fri
1	2 SC Works Virtual Informational Session 2:00pm-3:00pm (Registration required)	3 SC Works Informational Session (Must Register) In-person Columbia 10:00am-11:00am	4 SC Works Virtual Informational Session 10:00am-11:00am (Registration required)	5 SC Works Informational Session (Must Register) 10:00am-11:00am In-Person Winnsboro  How to Manage Burnout in the Workplace Virtual 11:00am-12:00pm
8 SC Works Informational Session (Must Register) In-person Lexington 10:00am-11:00am	9 SC Works Virtual Informational Session 2:00pm-3:00pm (Registration required)	10 Interviews Do's and Dont's In-Person Columbia 10:00am-11:00am	11 SC Works Virtual Informational Session 10:00am-11:00am (Registration required)  Expungement and Pardons In Person Columbia 10:00am-11:00am	12 SC Works Informational Session (Must Register) 10:00am-11:00am In-Person Winnsboro  SCWOS Resume Creation In-person Lexington 10:00am-11:00am
15	16 SC Works Virtual Informational Session 2:00pm-3:00pm (Registration required)	17 SC Works Informational Session (Must Register) In-person Columbia 10:00am-11:00am  MTC Advanced Manufacturing Programs In-Person Columbia 2:00pm-3:00pm	18 SC Works Virtual Informational Session 10:00am-11:00am(Registration required)  Creating Professional Emails Virtual 11:00am-12:00pm	19 SC Works Informational Session (Must Register) 10:00am-11:00am In-Person Winnsboro  SCWOS Resume Creation In-person Columbia 10:00am-11:00am
22 SC Works Informational Session (Must Register) In-person Lexington 10:00am-11:00am	23 SC Works Virtual Informational Session 2:00pm-3:00pm (Registration required)	24	25 SC Works Virtual Informational Session 10:00am-11:00am(Registration required)  Skill Enhancement Workshop Virtual 11:00am-12:00pm	26 SC Works Informational Session (Must Register) 10:00am-11:00am In-Person Winnsboro  160 Driving Academy In-Person 2:00pm-3:00pm
29 MTC PCT In-person Lexington 2:00pm-3:00pm	30 SC Works Virtual Informational Session 2:00pm-3:00pm (Registration required)			

# Workshop Descriptions



**\*NEW\*** How to Manage Burnout in the Workplace- In our workshop on how to manage burnout in the workplace, we will explore various strategies and techniques to help individuals cope with and prevent burnout. We will discuss the importance of work-life balance, setting boundaries, practicing self-care, and seeking support when needed.

**\*NEW\*** Interview Do's and Don'ts- This workshop will cover essential tips such as dressing appropriately, arriving on time, and researching the company beforehand. Participants will also learn about the importance of maintaining good eye contact, active listening, and asking insightful questions during the interview.

**\*NEW\*** Expungement and Pardons Workshop- At the expungement and pardons workshop, participants will have the opportunity to learn about the process of clearing their criminal records and seeking forgiveness for past offenses. This session aims to provide valuable information on the eligibility criteria for expungement and pardons, the steps involved in the application process, and the potential outcomes of a successful petition.

**\*NEW\*** Creating Professional Emails- In this workshop, you will learn valuable tips and strategies to enhance your email writing skills. From crafting clear subject lines to maintaining a professional tone, this workshop will cover everything you need to know to make a positive impression through your email correspondence.

**\*NEW\*** Skills Enhancement Workshop- Join us for an exciting Skills Enhancement Workshop designed to help you grow and develop in your personal and professional life. This workshop will provide you with valuable tools and strategies to boost your skills, increase your confidence, and reach your full potential.

SCWOS Resume Creation-During this in person workshop you will learn how to create a simple resume in SCWOS with your employment history, while learning the importance of having a professional resume.

Midlands Tech Advanced Manufacturing- "Unlocking Your Future: Heavy Equipment Operator Career Workshop" Description: Are you ready to steer your career in a new direction? Join our comprehensive Heavy Equipment Operator Career Workshop and embark on a journey toward a fulfilling and high-demand profession in the construction and infrastructure industry.

160 Driving Academy- Are you interested in pursuing a career in Transportation Logistics? Join 160 Driving Academy to learn about their CDL program!

MTC PCT( Patient Care Technician)- Are you interested in beginning a career in the medical field? Join this In Person workshop hosted by Midlands Technical College and learn about Midlands Techs Patient Care Tech program.

SC Works Informational Session- Learn and explore the options that may be available to you under the WIOA (Workforce Innovation and Opportunity Act) Federal Program and how to receive possible funding for various certificate programs such as CDL, HVAC, Forklifting, Health Care Training, IT, and more. This In-formational session will also include some of the additional services we provide at SC Works.

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